

Please circle or highlight all your prior or current conditions

“*Focal*” means 1-2 areas

“Diffuse” means ≥ 3 areas

Common Complaints		Focal muscle tenderness		Focal joint pain	
Tremors					Gout
Vision changes					Skin rash/Psoriasis
Poor balance	Difficulty walking				Morning stiffness >1 hour
Recurrent falls					Hand/feet deformities
Focal weakness of hands or feet	Vertigo/Dizziness Numbness/Tingling Head injury/concussion Headaches	Jaw pain Neck pain Back pain Pelvic pain Hypermobile joints	Diffuse muscle pain Diffuse joint pain		Diffuse joint swelling
Clumsy hands					Dry mouth
Burning feet	Poor sleep Sensitivity to light/sound Restless leg syndrome Poor memory			Fatigue	Family history of Rheum conditions
Metal/chemical exposure					Fever
	Anxiety Depression PTSD/Trauma History of abuse		GERD Irritable bowel syndrome Diffuse body aches Night pain Chest pain Palpitations		Smoking History of cancer Diabetes Diffuse swollen glands Bad infections (HIV, TB, Lyme) Recent weight gain or loss Gluten intolerance Liver disease/Hepatitis Hyperparathyroidism Hyper/Hypothyroid Low vitamin D
Medications Use:				High/low calcium or potassium	
Statins					
Steroids					
Opioids					
Bisphosphonates					
Chemotherapy					